Island(Cutter)Ltd.

Sail Moosk~Johanna Lucretia

A wholly owned subsidiary of **The Island Trust Ltd**, 117 Halyards, Topsham, Exeter, Devon, EX3 0JU
Registered Company no. 03107339 Registered Charity no. 1049722

Please bring

A sleeping bag
A pillow
A big soft bag, no suitcases please!
Pyjamas
2 pairs of warm trousers
2 long sleeve t-shirts
2 light sweatshirts or similar
A fleece jacket
Plenty of underwear and socks
Warm hat and ordinary gloves
Wellies or waterproof boots
A pair of trainers
Swimming kit
Glasses or contact lenses
Anti seasickness tablets
Wash kit and towel
RYA logbook if you have one
DofE logbook if appropriate
Suncream and sunglasses
Reading book/magazine etc

Where will we go?

Sadly, promises cannot be made regarding where you will sail to during the voyage, as tide, wind and weather waits for no-one! Our usual RYA Sail Training Voyages visit beautiful coves, beaches, and anchorages in Devon and Cornwall coasts, with short visits to small harbours and towns.

From Plymouth we might sail southwest towards Falmouth, anchor up the Helston, have a morning buying ice-cream and *swimming, then a sail back to Fowey, a small village east of St Austell Bay. A walk over the headland followed by a game of rounders and a beach bbq, then row back to the boat for bed. Breakfast and then the morning going over navigation, followed by a long sail round to Salcombe or Dartmouth, arriving after dark…

A very good weather week could take us to the Channel Islands or out the Scilly Isles, depending on the wind. The options are endless.

*Swimming and fishing are permitted only at the Skippers discretion.

Meeting and Collecting Point

Free Visitors Carpark, next to the Eastern Hangar of Plymouth Yacht Haven, Shaw Way, Mount Batten, Plymouth PL9 9XH. Please see attached map. There is a barrier to the carpark, just press the intercom button and tell reception that you are with The Island Trust.

At 4pm the crew will greet you and the rest of your group. We aim to have you back on dry land by midday on the last day. The Marina is a 20 minute car journey from Plymouth's main railway station, where there is a taxi rank outside. If you are running late please **call Moosk 07930019665 / Johanna 07487704033**.

We hope to explore and discover beautiful, wild, remote places in our spectacular sailing boats. All that you have to think about is the weather and what is for dinner. We will do the rest but that's not say that you can sit back and watch! We will coach you in all aspects of sailing, cooking and navigation during your voyage with us.

RYA Competent Crew Certificate

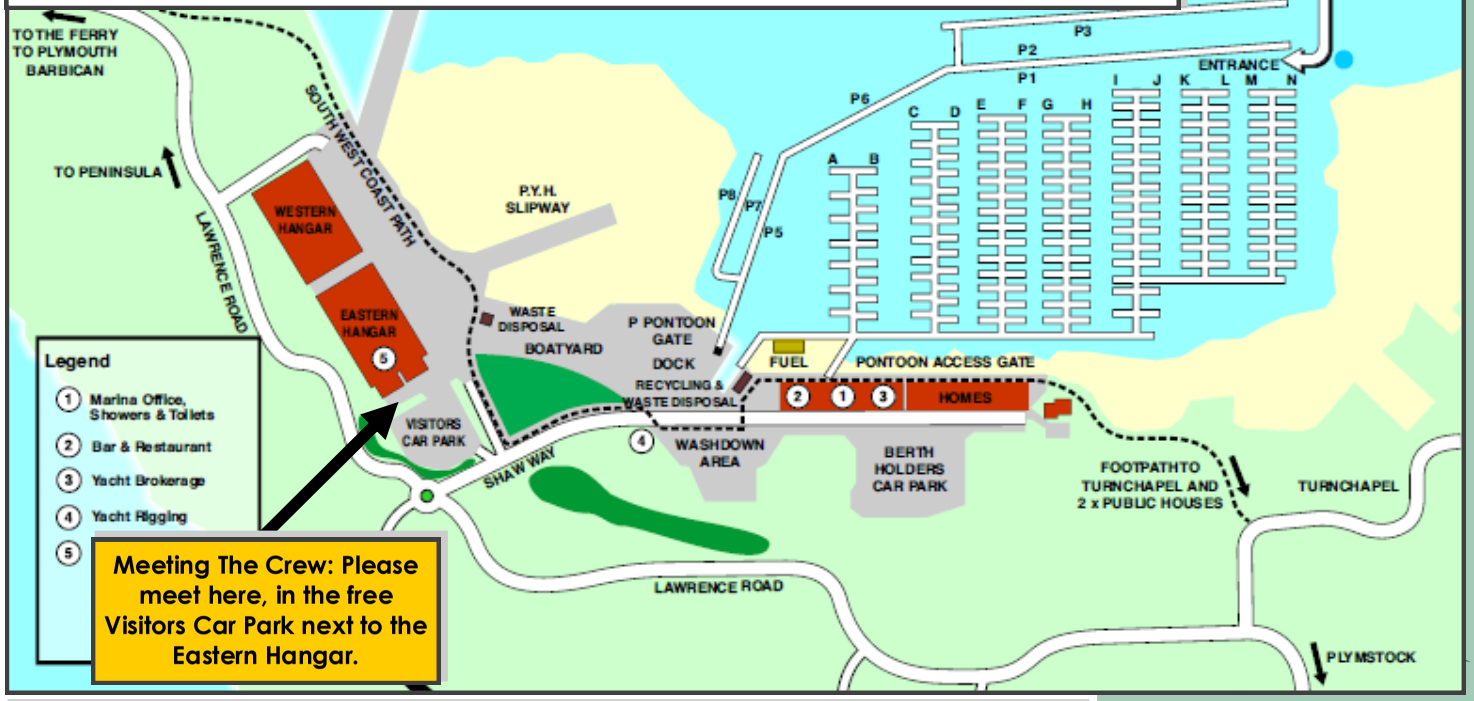
We are an Accredited Royal Yachting Association (RYA) Training Centre with some of the most highly qualified young skippers in the UK as crew. The RYA Competent Crew Course is for beginners and those who would like to become active crew members rather than just passengers. Experience living on board and really get to know the boat; virtually all the course is hands on; you are the crew; without you the sails won't go up and the boat won't be steered. By the end of the course you should be able to steer, handle sails, keep a lookout, row a dinghy and assist in all the day to day duties on board. You should also have made some new friends and visited some beautiful places and had a great holiday.

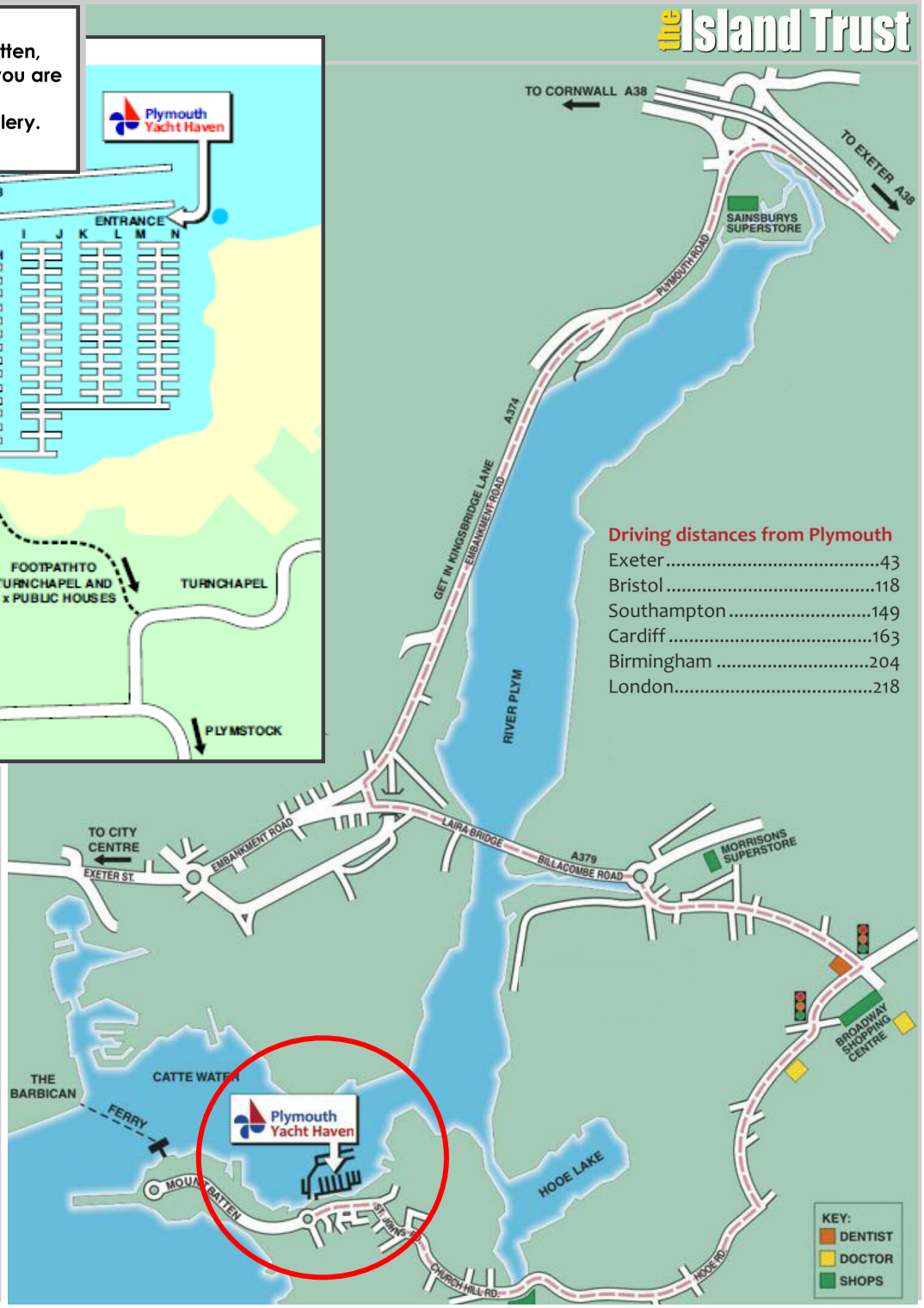
Duke of Edinburgh's Award Gold Residential

This voyage qualifies as a DofE Gold Residential. To achieve your Gold Award, you need to complete an extra section – the Residential. This involves spending 6 days and 5 nights away from home. For your Residential section you undertake a shared activity or specific course with people you don't know, in a residential setting away from home and in an unfamiliar environment. A standard Sunday to Friday voyage with us fulfils this criteria. Please check with your DofE Co-ordinator beforehand.

Island (Cutter) Ltd. 17 Halyards, Topsham, Exeter, Devon EX3 0JU Email: info@theislandtrust.org.uk Tel: 01752 823007 Fax: 01752 414141
Registered Company no. 05925756 Directors: CJ Macdonald-Brown, JM Lloyd, CE Cleaves

Starting your voyage with The Island Trust - Meeting and Collecting Point:
Free Visitors Carpark, next to the Eastern Hangar of Plymouth Yacht Haven, Shaw Way, Mount Batten, Plymouth PL9 9XH. Press the intercom button on the barrier to gain access and tell reception that you are with The Island Trust.
Please meet next to the Eastern Hangar Building marked as number 5 on the map, by the chandlery.
Please call Moosk 07930019665 / Johanna 07487704033 if you need to speak to us.



Directions to Plymouth Yacht Haven PL9 9XH:

- Turn left off A38 at Marsh Mills roundabout onto A374 signed Plymouth City Centre.
- After 1 1/4 mile get into left hand lane and follow signs for Kingsbridge A379.
- This takes you across Laira Bridge where you will see the first signs for Mount Batten and Turnchapel.
- After crossing the Laira Bridge, at the first roundabout turn right.
- At the next roundabout take the second exit, cross pedestrian lights, and continue straight on until traffic lights at crossroads.
- Turn right and then go straight across a second set of lights.
- Keep on this road (for aprox 1 & 1/2 miles), crossing straight over three mini-roundabouts and continuing.
- At the next roundabout, turn right into Plymouth Yacht Haven.