



Get packed and ready to go

Kit list:

A sleeping bag

A pillowcase

A big soft bag, no suitcases please!

Pyjamas

2 pairs of warm trousers

2 long sleeve t-shirts

2 light sweatshirts or similar

A fleece jacket

Plenty of underwear and socks

Warm hat and ordinary gloves

Wellies or waterproof boots (essential)

A pair of trainers

Swimming kit

Glasses or contact lenses

Anti-seasickness tablets

Wash kit and towel

RYA logbook if you have one

DofE logbook if appropriate

Sunscreen and sunglasses

Reading book/magazine etc

